

Benchmark test results: Copilot+ PCs from Samsung compared to MacBook laptops

In this report, we assessed the following devices:

- Copilot+ PCs running Windows 11 Pro
 - Intel processor:
 - Samsung Galaxy Book5 Pro 360 with Intel® Core™ Ultra 7 256V
 - Qualcomm processors:
 - 2 x Samsung Galaxy Book4 Edge with Snapdragon X Plus - X1P42100
 - 2 x Samsung Galaxy Book4 Edge 14" with Snapdragon X Elite - X1E80100*
 - 2 x Samsung Galaxy Book4 Edge 16" with Snapdragon X Elite - X1E80100*
- Apple® MacBook® laptops running macOS® Sequoia
 - Apple MacBook Air® 13" with Apple M2
 - Apple MacBook Air 15" with Apple M2
 - Apple MacBook Air 13" with Apple M3
 - Apple MacBook Air 15" with Apple M3
 - Apple MacBook Pro® 14" with Apple M3

We used three benchmarks for performance testing:

- Cinebench 2024
- Geekbench 6 Pro v6.2.2
- Speedometer 2.1 on Microsoft Edge v128.0.2739.67)

We tested battery life with four different tests:

- Windows ADK battery test Web browsing, which Microsoft created and has used extensively (Copilot+ PCs only)
- Windows ADK battery test Local video playback, which Microsoft created and has used extensively (Copilot+ PCs only)
- Custom battery test Web browsing, which PT created and has used extensively
- Custom battery test Local video playback, which PT created and has used extensively

We ran each benchmark on each device three times; here, we report the average scores we saw across the three runs. Because the Windows ADK test uses Windows features, it does not run on macOS, so we ran it on only the Windows devices. For all results, higher is better. (The Time to shut down metric in Windows ADK battery life is a projection of how long the battery should last before the system shuts down.) Note that for some devices, we tested multiples of the same device, so in some tables, you may see multiple devices with the same name. For complete results and hardware/software disclosures, see the science behind the report.

*We tested these laptops in May 2024 and did not perform the two custom battery tests.

Test results

Copilot+ PCs running Windows 11 Pro

Table 1: Results of our testing on the Samsung CoPilot+ PC with an Intel processor. For all results, higher is better. For complete results, see the science behind the report.

	Samsung Galaxy Book5 Pro 360 Intel Core Ultra 7 256V
Cinebench 2024	
Multi-core – Average	636.0
Single-core – Average	119.6
Geekbench 6 Pro v6.2.2	
Multi-core – Average	10,760
Single-core – Average	2,609.6
Speedometer 2.1 on Edge v128.0.2739.67	
Runs per minute – Average	386.3
Windows ADK battery test – Web browsing (Batt	tery Saver Dim OFF)
Total duration (min) – Average	636.5
Projected time to shut down (min) – Average	668.0
Windows ADK battery test – Local video playbac	ck (Battery Saver Dim OFF)
Total duration (min) – Average	1,321.5
Projected time to shut down (min) – Average	1,376.3
Custom battery test – Web browsing	
Total duration (min) – Average	766.7
Custom battery test – Local video playback	
Total duration (min) – Average	1,400.6

Table 2: Results of our testing on the Samsung CoPilot+ PCs with Qualcomm processors. For all results, higher is better. For complete results, see the science behind the report.

	Samsung Galaxy Book4 Edge Snapdragon X Plus - X1P42100	Samsung Galaxy Book4 Edge Snapdragon X Plus - X1P42100	Samsung Galaxy Book4 Edge 14" Snapdragon X Elite - X1E80100	Samsung Galaxy Book4 Edge 14" Snapdragon X Elite - X1E80100	Samsung Galaxy Book4 Edge 16" Snapdragon X Elite - X1E80100	Samsung Galaxy Book4 Edge 16" Snapdragon X Elite - X1E80100				
Cinebench 2024										
Multi-core – Average	750.6	751.0	577.0	581.0	863.6	863.3				
Single-core – Average	108.6	107.0	121.3	119.0	87.3	87.6				
Geekbench 6 Pro v6.2.2										
Multi-core – Average	11,472.6	11,407.3	14,427.3	14,578.6	12,324.6	12,328.0				
Single-core – Average	2,435.0	2,445.3	2,769.6	2,747.0	1,990.6	1,971.6				
Speedometer 2.1 on Edge	v128.0.2739.67									
Runs per minute – Average	435.0	454.0	455.6	446.6	357.3	354.2				
Windows ADK battery test	– Web browsing (Battery Save	er Dim OFF)								
Total duration (min) – Average	788.8	763.4	172.1	185.0	150.3	140.4				
Projected time to shut down (min) – Average	835.6	808.3	658.0	708.6	604.3	549.0				
Windows ADK battery test	– Local video playback (Batte	ry Saver Dim OFF)								
Total duration (min) – Average	907.8	905.1	239.8	227.1	270.0	261.6				
Projected time to shut down (min) – Average	940.0	940.3	948.0	947.6	1,055.0	1,021.6				
Custom battery test – Web	Custom battery test – Web browsing									
Total duration (min) – Average	768.2	746.0								
Custom battery test – Loca	l video playback									
Total duration (min) – Average	1,147.4	996.6								

Apple MacBook laptops

Table 3: Results of our testing on the Apple devices we tested. For all results, higher is better. For complete results, see the science behind the report.

	Apple MacBook Pro 14" Apple M3	Apple MacBook Pro 14" Apple M3	Apple MacBook Air 15" Apple M2	Apple MacBook Air 15" Apple M2	Apple MacBook Air 13" Apple M2	Apple MacBook Air 13" Apple M3	Apple MacBook Air 13" Apple M3	Apple MacBook Air 15" Apple M3	Apple MacBook Air 15" Apple M3		
Cinebench 2024	Cinebench 2024										
Multi-core – Average	708.6	704.0	558.3	557.3	542.6	575.6	592.0	637.0	635.3		
Single-core – Average	142.0	142.0	118.0	118.0	118.0	142.0	142.0	141.6	141.0		
Geekbench 6 Pro	v6.2.2										
Multi-core – Average	12,044.3	12,049.0	12,044.3	12,049.0	10,150.6	12,038.0	12,004.6	12,044.0	12,029.3		
Single-core – Average	3,125.0	3,133.0	2,623.6	2,622.0	2,613.0	3,039.3	3,037.0	3,047.0	3,061.3		
Speedometer 2.1	on Edge v128.0.2739	9.67									
Runs per minute – Average	739.6	744.6	640.2	646.3	643.0	729.3	726.0	728.4	719.0		
Custom battery te	est – Web browsing										
Total duration (min) – Average	745.2	709.5	671.4	715.3	656.9	703.9	710.2	699.2	688.9		
Custom battery te	Custom battery test – Local video playback										
Total duration (min) – Average	1,091.5	1,043.8	803.0	838.7	805.4	901.8	904.0	841.3	820.3		

Comparing the Copilot+ PCs to the Apple MacBook laptops

Table 4: For all benchmarks, the lowest average result, the highest average result, and the average of average results for the Copilot+ PCs we tested, the M2 processor-powered MacBook Air devices we tested, the M3 processor-powered MacBook Air devices we tested, and the M3 processor-powered MacBook Pro devices we tested. For all results higher is better.

	Copilot+ PC (Samsung) devices we tested	M2 processor-powered MacBook Air systems we tested	M3 processor-powered MacBook Air systems we tested	M3 processor-powered MacBook Pro systems we tested
Cinebench 2024				
Multi-core – Lowest average across the group of devices	577.0	542.6	575.6	704.0
Multi-core – Highest average across the group of devices	863.6	558.3	637.0	708.6
Multi-core – Average of averages across the group of devices	717.5	552.7	610.0	706.3
Single-core – Lowest average across the group of devices	87.3	118.0	141.0	142.0
Single-core – Highest average across the group of devices	121.3	118.0	142.0	142.0
Single-core – Average of averages across the group of devices	107.2	118.0	141.6	142.0
Geekbench 6 Pro v6.2.2				
Multi-core – Lowest average across the group of devices	10,760.0	10,150.6	12,004.6	12,044.3
Multi-core – Highest average across the group of devices	14,578.6	12,049.0	12,044.0	12,049.0
Multi-core – Average of averages across the group of devices	12,471.2	11,414.6	12,029.0	12,046.6
Single-core – Lowest average across the group of devices	1,971.6	2,613.0	3,037.0	3,125.0
Single-core – Highest average across the group of devices	2,769.6	2623.6	3,061.3	3,133.0
Single-core – Average of averages across the group of devices	2,424.1	2,619.5	3,046.1	3,129.0
Speedometer 2.1 on Edge v128.0.2739.67		,		
Runs per minute – Lowest average across the group of devices	354.2	640.2	719.0	739.6
Runs per minute – Highest average across the group of devices	455.6	646.3	729.3	744.6
Runs per minute – Average of averages across the group of devices	412.7	643.2	725.6	742.1

	Copilot+ PC (Samsung) devices we tested	M2 processor-powered MacBook Air systems we tested	M3 processor-powered MacBook Air systems we tested	M3 processor-powered MacBook Pro systems we tested
Windows ADK battery test – Web browsing (Battery Saver Dim OFF)	'			
Total duration (min) – Lowest average across the group of devices	140.4			
Total duration (min) – Highest average across the group of devices	788.8			
Total duration (min) – Average of averages across the group of devices	405.2			
Projected time to shut down (min) – Lowest average across the group of devices	549.0			
Projected time to shut down (min) – Highest average across the group of devices	835.6			
Projected time to shut down (min) – Average of averages across the group of devices	690.2			
Windows ADK battery test – Local video playback (Battery Saver Dim OFF)				
Total duration (min) – Lowest average across the group of devices	227.1			
Total duration (min) – Highest average across the group of devices	1,321.5			
Total duration (min) – Average of averages across the group of devices	590.4			
Projected time to shut down (min) – Lowest average across the group of devices	940.0			
Projected time to shut down (min) – Highest average across the group of devices	1,376.3			
Projected time to shut down (min) – Average of averages across the group of devices	1,032.7			
Custom battery test – Web browsing	'			
Total duration (min) – Lowest average across the group of devices	746.0	656.9	688.9	709.5
Total duration (min) – Highest average across the group of devices	768.2	715.3	710.2	745.2
Total duration (min) – Average of averages across the group of devices	760.3	681.2	700.5	727.4
Custom battery test – Local video playback				
Total duration (min) – Lowest average across the group of devices	996.6	803.0	820.3	1,043.8
Total duration (min) – Highest average across the group of devices	1,400.6	838.7	904.0	1,091.5
Total duration (min) – Average of averages across the group of devices	1,181.5	815.7	866.8	1,067.6

The science behind the report

In this section, we list our complete results and describe the solutions on which we tested and our test methodologies.

We concluded our hands-on testing on November 8, 2024. During testing, we determined the appropriate hardware and software configurations and applied updates as they became available. The results in this report reflect configurations that we finalized on October 21, 2024 or earlier. Unavoidably, these configurations may not represent the latest versions available when this report appears.

Our results

To learn more about how we have calculated the wins in this report, go to http://facts.pt/calculating-and-highlighting-wins. Unless we state otherwise, we have followed the rules and principles we outline in that document

Copilot+ PCs running Windows 11 Pro

Table 5: Results of our testing on the Samsung CoPilot+ PC with an Intel processor. For all results, higher is better.

	Samsung Galaxy Book5 Pro 360 Intel Core Ultra 7 256V
Cinebench 2024	
Multi-core – Run 1	639.0
Multi-core – Run 2	636.0
Multi-core – Run 3	633.0
Single-core – Run 1	119.0
Single-core – Run 2	120.0
Single-core – Run 3	120.0
Multi-core – Average	636.0
Single-core – Average	119.6

	Samsung Galaxy Book5 Pro 360 Intel Core Ultra 7 256V
Geekbench 6 Pro v6.2.2	
Multi-core – Run 1	10,777.0
Multi-core – Run 2	10,828.0
Multi-core – Run 3	10,675.0
Single-core – Run 1	2,637.0
Single-core – Run 2	2,622.0
Single-core – Run 3	2,570.0
Multi-core – Average	10,760.0
Single-core – Average	2,609.6
Speedometer 2.1 on Edge v128.0.2739.67	
Runs per minute – Run 1	381.0
Runs per minute – Run 2	390.0
Runs per minute – Run 3	388.0
Runs per minute – Average	386.3
Windows ADK battery test – Web browsing (Bat	tery Saver Dim OFF)
Total duration (min) - Run 1	630.0
Projected time to shut down (min) - Run 1	673.0
Total duration (min) - Run 2	628.9
Projected time to shut down (min) - Run 2	658.0
Total duration (min) - Run 3	650.6
Projected time to shut down (min) - Run 3	673.0
Total duration (min) – Average	636.5
Projected time to shut down (min) – Average	668.0

	Samsung Galaxy Book5 Pro 360 Intel Core Ultra 7 256V
Windows ADK battery test – Local video playba	ck (Battery Saver Dim OFF)
Total duration (min) - Run 1	1,297.6
Projected time to shut down (min) - Run 1	1,361.0
Total duration (min) - Run 2	1,336.3
Projected time to shut down (min) - Run 2	1,387.0
Total duration (min) - Run 3	1,330.6
Projected time to shut down (min) - Run 3	1,381.0
Total duration (min) – Average	1,321.5
Projected time to shut down (min) – Average	1,376.3
Custom battery test – Web browsing	
Total duration (min) - Run 1	783.8
Total duration (min) - Run 2	734.5
Total duration (min) - Run 3	782.0
Total duration (min) – Average	766.7
Custom battery test – Local video playback	
Total duration (min) - Run 1	1397.2
Total duration (min) - Run 2	1396.3
Total duration (min) - Run 3	1408.3
Total duration (min) – Average	1400.6

Table 6: Results of our testing on the Samsung Copilot+ PCs with Qualcomm processors. For all results, higher is better.

	Samsung Galaxy Book4 Edge Snapdragon X Plus - X1P42100	Samsung Galaxy Book4 Edge Snapdragon X Plus - X1P42100	Samsung Galaxy Book4 Edge 14" Snapdragon X Elite - X1E80100	Samsung Galaxy Book4 Edge 14" Snapdragon X Elite - X1E80100	Samsung Galaxy Book4 Edge 16" Snapdragon X Elite - X1E80100	Samsung Galaxy Book4 Edge 16" Snapdragon X Elite - X1E80100
Cinebench 2024						
Multi-core – Run 1	750.0	749.0	572.0	582.0	860.0	861.0
Multi-core – Run 2	752.0	756.0	580.0	588.0	868.0	871.0
Multi-core – Run 3	750.0	748.0	579.0	573.0	863.0	858.0
Single-core – Run 1	108.0	107.0	120.0	119.0	87.0	87.0
Single-core – Run 2	109.0	107.0	123.0	120.0	87.0	88.0
Single-core – Run 3	109.0	107.0	121.0	118.0	88.0	88.0
Multi-core – Average	750.6	751.0	577.0	581.0	863.6	863.3
Single-core – Average	108.6	107.0	121.3	119.0	87.3	87.6
Geekbench 6 Pro v6.2.2						
Multi-core – Run 1	11,402.0	11,426.0	14,472.0	14,403.0	12,361.0	12,380.0
Multi-core – Run 2	11,522.0	11,408.0	14,437.0	14,629.0	12,338.0	12,270.0
Multi-core – Run 3	11,494.0	11,388.0	14,373.0	14,704.0	12,275.0	12,334.0
Single-core – Run 1	2,428.0	2,438.0	2,787.0	2,742.0	1,992.0	1,952.0
Single-core – Run 2	2,437.0	2,445.0	2,753.0	2,751.0	1,990.0	1,979.0
Single-core – Run 3	2,440.0	2,453.0	2,769.0	2,748.0	1,990.0	1,984.0
Multi-core – Average	11,472.6	11,407.3	14,427.3	14,578.6	12,324.6	12,328.0
Single-core – Average	2,435.0	2,445.3	2,769.6	2,747.0	1,990.6	1,971.6
Speedometer 2.1 on Edge	v128.0.2739.67			1		
Runs per minute – Run 1	434.0	456.0	454.0	456.0	358.0	356.0
Runs per minute – Run 2	437.0	461.0	458.0	440.0	356.0	352.0
Runs per minute – Run 3	434.0	445.0	455.0	444.0	358.0	354.0
Runs per minute – Average	435.0	454.0	455.6	446.6	357.3	354.2

	Samsung Galaxy Book4 Edge Snapdragon X Plus - X1P42100	Samsung Galaxy Book4 Edge Snapdragon X Plus - X1P42100	Samsung Galaxy Book4 Edge 14" Snapdragon X Elite - X1E80100	Samsung Galaxy Book4 Edge 14" Snapdragon X Elite - X1E80100	Samsung Galaxy Book4 Edge 16" Snapdragon X Elite - X1E80100	Samsung Galaxy Book4 Edge 16" Snapdragon X Elite - X1E80100
Windows ADK battery test	- Web browsing (Battery Sav	er Dim OFF)				
Total duration (min) - Run 1	753.3	755.4	177.2	191.8	134.9	138.1
Projected time to shut down (min) - Run 1	806.0	800.0	678.0	735.0	582.0	547.0
Total duration (min) - Run 2	842.3	759.8	170.2	184.6	157.4	144.5
Projected time to shut down (min) - Run 2	902.0	804.0	651.0	707.0	600.0	550.0
Total duration (min) - Run 3	770.9	775.0	168.9	178.7	158.6	138.8
Projected time to shut down (min) - Run 3	799.0	821.0	645.0	684.0	631.0	550.0
Total duration (min) – Average	788.8	763.4	172.1	185.0	150.3	140.4
Projected time to shut down (min) – Average	835.6	808.3	658.0	708.6	604.3	549.0
Windows ADK battery test	– Local video playback (Batte	ry Saver Dim OFF)				
Total duration (min) - Run 1	900.3	899.6	234.8	239.0	270.8	264.1
Projected time to shut down (min) - Run 1	932.0	931.0	940.0	957.0	1,044.0	1,017
Total duration (min) - Run 2	927.7	907.3	247.7	248.0	269.4	264.7
Projected time to shut down (min) - Run 2	961.0	940.0	954.0	955.0	1,081.0	1,062.0
Total duration (min) - Run 3	895.5	908.4	237.1	194.3	269.9	256.1
Projected time to shut down (min) - Run 3	927.0	950.0	950.0	931.0	1,040.0	986.0
Total duration (min) – Average	907.8	905.1	239.8	227.1	270.0	261.6
Projected time to shut down (min) – Average	940.0	940.3	948.0	947.6	1,055.0	1,021.6

	Samsung Galaxy Book4 Edge Snapdragon X Plus - X1P42100	Samsung Galaxy Book4 Edge Snapdragon X Plus - X1P42100	Samsung Galaxy Book4 Edge 14" Snapdragon X Elite - X1E80100	Samsung Galaxy Book4 Edge 14" Snapdragon X Elite - X1E80100	Samsung Galaxy Book4 Edge 16" Snapdragon X Elite - X1E80100	Samsung Galaxy Book4 Edge 16" Snapdragon X Elite - X1E80100
Custom battery test – Web	browsing					
Total duration (min) - Run 1	752.8	752.4				
Total duration (min) - Run 2	833.3	739.3				
Total duration (min) - Run 3	718.6	746.4				
Total duration (min) – Average	768.2	746.0				
Custom battery test – Loca	l video playback					
Total duration (min) - Run 1	1,146.4	989.2				
Total duration (min) - Run 2	1,144.5	987.3				
Total duration (min) - Run 3	1,151.4	1,013.5				
Total duration (min) – Average	1,147.4	996.6				

Apple MacBook laptops

Table 7: Results of our testing on the Apple devices we tested. For all results, higher is better.

	Apple MacBook Pro 14" Apple M3	Apple MacBook Pro 14" Apple M3	Apple MacBook Air 15" Apple M2	Apple MacBook Air 15" Apple M2	Apple MacBook Air 13" Apple M2	Apple MacBook Air 13" Apple M3	Apple MacBook Air 13" Apple M3	Apple MacBook Air 15" Apple M3	Apple MacBook Air 15" Apple M3
Cinebench 2024									
Multi-core – Run 1	704.0	700.0	559.0	558.0	545.0	581.0	600.0	637.0	635.0
Multi-core – Run 2	709.0	702.0	555.0	554.0	546.0	583.0	599.0	641.0	636.0
Multi-core – Run 3	713.0	710.0	561.0	560.0	537.0	563.0	577.0	633.0	635.0
Single-core – Run 1	142.0	142.0	118.0	118.0	118.0	142.0	142.0	141.0	141.0
Single-core – Run 2	142.0	142.0	118.0	118.0	118.0	142.0	142.0	142.0	141.0
Single-core – Run 3	142.0	142.0	118.0	118.0	118.0	142.0	142.0	142.0	141.0
Multi-core – Average	708.6	704.0	558.3	557.3	542.6	575.6	592.0	637.0	635.3
Single-core – Average	142.0	142.0	118.0	118.0	118.0	142.0	142.0	141.6	141.0
Geekbench 6 Pro	v6.2.2								
Multi-core – Run 1	12,078.0	12,054.0	10,135.0	10,170.0	10,152.0	12,006.0	12,029.0	11,969.0	12,054.0
Multi-core – Run 2	12,076.0	12,027.0	10,131.0	10,134.0	10,166.0	12,029.0	11,948.0	12,079.0	12,017.0
Multi-core – Run 3	11,979.0	12,066.0	10,100.0	10,141.0	10,134.0	12,079.0	12,037.0	12,084.0	12,017.0
Single-core – Run 1	3,122.0	3,135.0	2,626.0	2,624.0	2,610.0	3,033.0	3,028.0	3,045.0	3,049.0
Single-core – Run 2	3,134.0	3,137.0	2,623.0	2,622.0	2,610.0	3,043.0	3,043.0	3,046.0	3,065.0
Single-core – Run 3	3,119.0	3,127.0	2,622.0	2,620.0	2,619.0	3,042.0	3,040.0	3,050.0	3,070.0
Multi-core – Average	12,044.3	12,049.0	12,044.3	12,049.0	10,150.6	12,038.0	12,004.6	12,044.0	12,029.3
Single-core – Average	3,125.0	3,133.0	2,623.6	2,622.0	2,613.0	3,039.3	3,037.0	3,047.0	3,061.3

	Apple MacBook Pro 14" Apple M3	Apple MacBook Pro 14" Apple M3	Apple MacBook Air 15" Apple M2	Apple MacBook Air 15" Apple M2	Apple MacBook Air 13" Apple M2	Apple MacBook Air 13" Apple M3	Apple MacBook Air 13" Apple M3	Apple MacBook Air 15" Apple M3	Apple MacBook Air 15" Apple M3
Speedometer 2.1	on Edge v128.0.2739	9.67							
Runs per minute – Run 1	737.0	744.0	643.0	645.0	643.0	726.0	721.0	728.3.0	722.0
Runs per minute – Run 2	744.0	745.0	640.0	648.0	647.0	732.0	731.0	728.0	716.0
Runs per minute – Run 3	738.0	745.0	637.8	646.0	639.0	730.0	726.0	729.0	719.0
Runs per minute – Average	739.6	744.6	640.2	646.3	643.0	729.3	726.0	728.4	719.0
Custom battery te	st – Web browsing								
Total duration (min) - Run 1	747.6	709.6	672.2	719.6	663.5	697.6	705.6	706.6	696.6
Total duration (min) - Run 2	752.5	717.5	670.6	709.6	647.5	709.5	714.5	687.5	674.5
Total duration (min) - Run 3	735.6	701.5	671.6	716.6	659.5	704.5	710.5	703.5	695.5
Total duration (min) – Average	745.2	709.5	671.4	715.3	656.9	703.9	710.2	699.2	688.9
Custom battery te	st – Local video playk	oack							
Total duration (min) - Run 1	1,073.8	1,042.8	807.9	844.7	800.6	918.7	913.7	851.7	829.7
Total duration (min) - Run 2	1,121.8	1,059.7	801.6	838.7	812.7	903.9	899.6	848.6	805.6
Total duration (min) - Run 3	1,078.8	1,028.8	799.7	832.7	803.0	882.7	898.7	823.6	825.6
Total duration (min) – Average	1,091.5	1,043.8	803.0	838.7	805.4	901.8	904.0	841.3	820.3

System configuration information

Note: We do not include system information for the following:

- Samsung Galaxy Book4 Edge 14" with Snapdragon X Elite X1E80100
- Samsung Galaxy Book4 Edge 16" with Snapdragon X Elite X1E80100

Samsung asked us to return these devices before we could capture system information on them.

Table 8: Detailed information on the systems we tested.

System configuration information	Samsung Galaxy Book5 Pro 360	Samsung Galaxy Book4 Edge						
Processor								
Vendor	Intel	Qualcomm						
Model number	Core Ultra 7 256V	Snapdragon X Plus – X1P-42-100						
Core frequency (GHz)	2.2 - 4.8	3.2						
Number of cores	8	8						
Memory								
Amount (GB)	16	16						
Туре	LPDDR5X	LPDDR5X						
Graphics								
Vendor	Intel	Qualcomm						
Model number	Arc 140V GPU	Adreno X1-45 GPU						
Storage								
Amount	1TB	512GB						
Туре	SSD	SSD						
Connectivity/expansion								
Wireless internet	Intel Wi-Fi 7 BE201	Qualcomm FastConnect 7800 Mobile Connectivity System						
Battery								
Rated capacity (Wh)	76	59						
Display								
Size (inches)	16.0	15.6						
Resolution	2,880 x 1,800	1,920 x 1,080						

System configuration information	Samsung Galaxy Book5 Pro 360	Samsung Galaxy Book4 Edge						
Operating system								
Vendor	Microsoft	Microsoft						
Name	Windows 11 Home	Windows 11 Home						
Version	24H2 Build 26100.2033	24H2 Build 26100.1591						
BIOS								
BIOS name and version	American Megatrends International, LLC. P08ALY.21.241008.02	SAMSUNG ELECTRONICS CO., LTD. P00VQA.024.240814.MP.1130						
Dimensions								
Height (inches)	0.50	0.59						
Width (inches)	13.99	14.04						
Depth (inches)	9.93	11.81						
Weight (lbs.)	3.70	3.32						

Table 9: Detailed information on the Apple systems we tested.

System configuration information	Apple MacBook Pro 14" Apple M3	Apple MacBook Pro 14" Apple M3	Apple MacBook Air 15" Apple M2	Apple MacBook Air 15" Apple M2	Apple MacBook Air 13" Apple M2	Apple MacBook Air 13" Apple M3	Apple MacBook Air 13" Apple M3	Apple MacBook Air 15" Apple M3	Apple MacBook Air 15" Apple M3
Processor									
Vendor	Apple								
Model number	M3	M3	M2	M2	M2	M3	M3	M3	M3
Core frequency (GHz)	4.05	4.05	3.49	3.49	3.49	4.05	4.05	4.05	4.05
Number of cores	8	8	8	8	8	8	8	8	8
Memory									
Amount (GB)	8	8	8	8	8	8	8	8	8
Туре	Unified								
Graphics									
Vendor	Apple								
Model number	M3 10-core GPU	M3 10-core GPU	M2 10-core GPU	M2 10-core GPU	M2 8-core GPU	M3 8-core GPU	M3 8-core GPU	M3 10-core GPU	M3 10-core GPU

System configuration information	Apple MacBook Pro 14" Apple M3	Apple MacBook Pro 14" Apple M3	Apple MacBook Air 15" Apple M2	Apple MacBook Air 15" Apple M2	Apple MacBook Air 13" Apple M2	Apple MacBook Air 13" Apple M3	Apple MacBook Air 13" Apple M3	Apple MacBook Air 15" Apple M3	Apple MacBook Air 15" Apple M3
Storage		•	•		•	'	'	'	
Amount (GB)	512	512	256	256	256	256	256	256	256
Туре	SSD								
Connectivity/expa	nsion								
Wireless internet	Wi-Fi 6E	Wi-Fi 6E	Wi-Fi 6	Wi-Fi 6	Wi-Fi 6	Wi-Fi 6E	Wi-Fi 6E	Wi-Fi 6E	Wi-Fi 6E
Battery									
Rated capacity (Wh)	70	70	66.5	66.5	52.6	52.6	52.6	66.5	66.5
Display									
Size (inches)	14.2	14.2	15.3	15.3	13.6	13.6	13.6	15.3	15.3
Resolution	3,024 x 1,964	3,024 x 1,964	2,880 x 1,864	2,880 x 1,864	2,560 x 1,664	2,560 x 1,664	2,560 x 1,664	2,880 x 1,864	2,880 x 1,864
Operating system									
Vendor	Apple								
Name	macOS Sequoia								
Version	15.0	15.0	15.0	15.0	15.0	15.0	15.0	15.0	15.0
BIOS			1						
BIOS name and version	N/A								
Dimensions									
Height (inches)	0.61	0.61	0.45	0.45	0.44	0.44	0.44	0.45	0.45
Width (inches)	12.31	12.31	13.40	13.40	11.97	11.97	11.97	13.40	13.40
Depth (inches)	8.71	8.71	9.35	9.35	8.46	8.46	8.46	9.35	9.35
Weight (lbs.)	3.4	3.4	3.3	3.3	2.7	2.7	2.7	3.3	3.3

How we tested

Setting up the systems (Windows)

Setting up and updating the OEM image

- 1. Boot the system.
- 2. Follow the on-screen instructions to complete installation, using the default selections when appropriate.
- 3. Set the Windows (plugged in) Power Mode to Best Performance.
- 4. Set Screen and Sleep options to Never:
 - Right-click the desktop, and select Display settings.
 - Select System from the left-hand column.
 - Click Power & Battery.
 - For all power options listed under Screen and Sleep, select Never.
- Disable User Account Control notifications.
 - Select Windows Start, type UAC and press Enter.
 - Move the slider control to Never notify, and click OK.
- 6. Run Windows Update, and install all updates available.
- 7. Verify the date and time are correct, and synchronize the system clock with the time server.
- Pause Automatic Windows Updates.
 - Click the Windows Start button.
 - Type Windows Update settings and press Enter.
 - From the Pause updates drop-down menu, select Pause for 5 weeks.

Measuring performance (Windows)

Cinebench 2024 benchmark

Setting up the test

 Download and install Cinebench from https://www.maxon.net/en/downloads/cinebench-2024-downloads.

Running the benchmark

- 1. Launch Cinebench.
- Select File→Advanced benchmark.
- 3. Set the Minimum Test Duration to Off.
- 4. Select CPU (Multi Core), CPU (Single Core), or GPU, and click Start
- 5. Record the result.
- 6. Wait 15 minutes before re-running.
- 7. Repeat steps 1 through 6 twice more, and report the averages of the results.

Geekbench 6 Pro

Setting up the test

1. Purchase a Pro license, and download and install Geekbench 6 Pro from https://www.geekbench.com/download/.

Running the test

- 1. Launch Geekbench.
- Click Run CPU Benchmark.
- 3. Record the result.
- 4. Wait 5 minutes before re-running.
- . Repeat steps 1 through 4 twice more, and report the averages of the results.

3DMark

Setting up the test

- 1. Download 3DMark from http://www.futuremark.com/benchmarks/3dmark/all.
- 2. To install 3DMark with the default options, double-click the 3DMark installer.exe file.
- 3. To launch 3DMark, double-click the 3DMark desktop icon.
- 4. Enter the registration code, and click Register.
- 5. Exit 3DMark.

Running the test

- 1. Launch the 3Dmark benchmark.
- 2. At the 3DMark Home screen, underneath the Wild Life Extreme Benchmark, click Run.
- 3. When the benchmark run completes, record the results.
- 4. Perform steps 2 through 3 twice more, and report the averages of the results.

Speedometer 2.1

Running the test

- 1. In a browser, navigate to https://browserbench.org/Speedometer2.1/.
- Click Start Test.
- 3. When the benchmark run completes, record the results.
- 4. Perform steps 2 through 3 twice more, and report the averages of the results.

Measuring battery life (Windows)

Windows ADK: Local video playback battery rundown

Setting up the test

- 1. Verify that the displays will remain constant during the test:
 - Right-click the desktop and select Display settings.
 - Uncheck the box next to Change brightness automatically when lighting changes, if available.
 - Uncheck the box next to Change brightness based on content, if available.
 - Select System from the left-hand column.
 - · Click Power & Battery.
 - For all power options listed under Screen and Sleep, select Never.
 - Set Turn battery saver on automatically at 20%.
 - Uncheck the box next to Lower screen brightness when user battery saver.
- 2. Create a folder on the root of C:\ named data
- 3. Create a folder on the root of C:\ named adk
- 1. Place adk test files into the C:\data\ folder.
- 5. Move the contents of the EE_LFSVP_ToS folder into the C:\adk\ folder.
- 6. Using a nit meter, adjust the screen brightness to as close to 150 nits as possible.
- 7. Open PowerShell as administrator and run Set-ExecutionPolicy bypass
- 8. Type A to choose yes to all, and press enter.
- 9. Run Get-ChildItem -Path 'C:\adk' -Recurse | Unblock-File
- 10. Navigate to C:\data\prep\.
- Enter runme.bat to run the system prep command.

Running the test

- 1. After the prep command completes, wait 2 minutes before proceeding.
- 2. Open an elevated command prompt.
- 3. Navigate to C:\adk\
- 4. With the system plugged in and charged to 100%, enter runjob.cmd to run the local video playback battery rundown test.
- 5. Click Run job on this computer.
- 6. Click Start.
- 7. At the Assessment is Beginning screen, click next.
- 8. When prompted to unplug the system, do so.
- 9. When the test completes, record the results.
- 10. Plug the system in and charge back to 100%.
- 11. Repeat steps 2 through 10 twice more, and report the averages of the results.

Windows ADK: Web Browsing battery rundown

Setting up the test

- 1. Verify that the displays will remain constant during the test:
 - Right-click the desktop, and select Display settings.
 - Uncheck the box next to Change brightness automatically when lighting changes, if available.
 - Uncheck the box next to Change brightness based on content, if available.
 - Select System from the left column.
 - Click Power & Battery.
 - For all power options listed under Screen and Sleep, select Never.
 - Set Turn battery saver on automatically at 20%.
 - Uncheck the box next to Lower screen brightness when user battery saver.
- 2. Using a nit meter, adjust the screen brightness to as close to 150 nits as possible.
- Open Edge, and navigate to edge://settings/help to identify the version number for the Edge browser.
- 4. Apply any Edge updates that are available.
- 5. Open Device Manager, and make sure there are no yellow bangs or unknown devices.
- 6. Open the Microsoft Store, and update all applications.
- 7. Open PowerShell as administrator, and run Set-ExecutionPolicy bypass
- 8. Type A to choose yes to all, and press Enter.
- 9. Run winget upgrade -all -include-unknown
- Open the system settings, and make sure the date and time are synchronized on the system under test.
- 11. Disable any keyboard backlights.
- 12. Make sure the Microsoft Edge language is set to English at edge://settings/languages
- 13. In the Edge settings, remove any profiles that have been added.
- 14. Open an elevated command prompt.
- 15. Navigate to C:\data\prep\
- 16. Enter runme.bat to run the system prep command.

Running the test

- 1. After the prep command completes, wait 2 minutes before proceeding.
- 2. Create a folder on the root of C:\ named data.
- Place adk test files into the C:\data\ folder.
- 4. Navigate to https://developer.microsoft.com/en-us/microsoft-edge/tools/webdriver/
- Download the appropriate x64 or ARM64 version of the webdriver that matches the current Edge version number.
- 6. Extract msedgedriver.exe to C:\data\test\bin\
- 7. Open the parameters.abl.credentials.json file located in C:\data\ asmt\Assessment2\scenarios in notepad and enter the credentials for the outlook.com account used.
- 8. Open an elevated command prompt.
- 9. Run Get-ChildItem -Path 'C:\data' -Recurse | Unblock-File
- 10. Navigate to C:\data\asmt\
- 11. Run RunJobABLTraining.cmd

- 12. Click Start.
- 13. At the Assessment Beginning screen, click Next.
- 14. Unplug the system when prompted.
- 15. When the training command is complete, plug the system back in, and make sure it charges to 100%.
- 16. Open an elevated command prompt.
- 17. Navigate to C:\data\asmt\
- 18. Run RunJobABLTrained.cmd
- 19. When the test is complete, record the results and copy the results folder to Documents.
- 20. Plug the system in, and charge it back to 100%.
- 21. Open Explorer, and delete the entire C:\data folder.
- 22. Repeat steps 1 through 21 twice more, and report the averages of the results.

PT custom test: Local video playback battery rundown

Setting up the test

- 1. Turn on the systems.
- 2. Copy the test video file and battery life logger to each system.
- 3. In Explorer, right-click the script, and click Properties.
- 4. Check Unblock file, and click OK.
- 5. Verify that the displays will remain on during the test:
 - Right-click the desktop, and select Display settings.
 - Uncheck the box next to Change brightness automatically when lighting changes, if available.
 - Uncheck the box next to Change brightness based on content, if available.
 - Select System from the left column.
 - Click Power & Battery.
 - For all power options listed under Screen and Sleep, select Never.
 - Set Turn energy saver on automatically at 20%.
 - Check the box next to Lower screen brightness when using energy saver.
- 6. Set the system volume to 60 dbA with a decibel meter.
- 7. To bring up a white screen, open a web browser and type about:blank into the address bar.
- 8. Unplug the system.
- 9. Using a nit meter, adjust the screen brightness to as close to 150 nits as possible.
- 10. Plug in the system.
- 11. Open PowerShell as administrator and run Set-ExecutionPolicy Unrestricted
- 12. Type A to choose yes to all, and press enter.
- 13. Open Control Panel, and click Hardware and Sound.
- 14. Click Power Options, and click Change plan settings on the currently selected power plan.
- 15. Click Change advanced power settings.
- 16. Set the Low battery notification on Battery to Off.
- 17. Open Microsoft Store, click the profile button at the top, and click Settings.
- 18. Turn off App updates.

Running the test

- 1. Verify that the system's battery is fully charged.
- Open an elevated PowerShell and type start-process "C:\Program Files\Windows Defender\MpCmdRun.exe" ("BuildSFC -Timeout 7200000") -Wait.
- After the command completes, type start "rundll32.exe" ("advapi32.dll,ProcessIdleTasks") -Wait.
 Do not interact with the system until the command completes.
- 4. After the command completes, reboot the system.
- 5. Wait 5 minutes before proceeding.
- 5. Launch the test video file in full screen mode with Repeat enabled.
- Open an elevated PowerShellm and navigate to the directory containing the battery life logger script.
- 3. Type .\<battery script name>.ps1 and press Enter to run the script.
- 9. Unplug the system when prompted and switch back to the full screen video.
- 10. When the test is complete, plug in the system and start it.
- 11. In Explorer, navigate to C:\ptbat\.
- 12. Open the folder corresponding with the date and time of the test and record the results from batresults_minutes.txt.
- 13. Repeat steps 1 through 12 twice more, and report the averages of the results.

PT custom test: Web browsing battery rundown

Setting up the test

- 1. Turn on the systems.
- 2. Copy the battery life logger and website iterator to each system.
- 3. In Explorer, right-click each script, and click Properties.
- 4. Check Unblock file, and click OK.
- 5. Verify that the displays will remain constant during the test:
 - Right-click the desktop, and select Display settings.
 - Uncheck the box next to Change brightness automatically when lighting changes, if available.
 - Uncheck the box next to Change brightness based on content, if available.
 - Select System from the left column.
 - Click Power & Battery.
 - For all power options listed under Screen and Sleep, select Never.
 - Set Turn energy saver on automatically at 20%.
 - Check the box next to Lower screen brightness when using energy saver.
- 6. Set the system volume to 60 dbA with a decibel meter.
- 7. To bring up a white screen, open a web browser and type about:blank into the address bar.
- Unplug the system.
- 9. Using a nit meter, adjust the screen brightness to as close to 150 nits as possible.
- 0. Plug in the system.
- 11. Open PowerShell as administrator and run Set-ExecutionPolicy Unrestricted
- 12. Type A to choose yes to all and press enter.
- 13. Open Control Panel, and click Hardware and Sound.

- 14. Click Power Options, and click Change plan settings on the currently selected power plan.
- 15. Click Change advanced power settings.
- 16. Set the Low battery notification on Battery to Off.
- 17. Click the Windows start icon, and in the search field, type regedit. To open the Registry Editor, press Enter.
- 18. Navigate to HKEY_LOCAL_MACHINE→SOFTWARE→Policies→Microsoft→Edge.
- 19. If necessary, create the Edge folder by right-clicking in the right-hand pane, clicking New Key, and typing Edge.
- 20. Right-click in the right pane, click New DWORD (32-bit) Value, type HideRestoreDialogEnabled, and press enter.
- 21. Double-click HideRestoreDialogEnabled, and in the value data field, type 1. Click OK.
- 22. Open Microsoft Store, click the profile button at the top, and click Settings.
- 23. Turn off App updates.

Running the test

- 1. Verify that the system's battery is fully charged.
- Open an elevated PowerShell and type start-process "C:\Program Files\Windows
 Defender\MpCmdRun.exe" ("BuildSFC -Timeout 7200000") -Wait.
- 3. After the command completes, type start "rundll32.exe" ("advapi32.dll,ProcessIdleTasks") -Wait. Do not interact with the system until the command completes.
- 4. After the command completes, reboot the system.
- 5. Wait 5 minutes before proceeding.
- Open an elevated PowerShell and navigate to the directory containing the battery life logger script.
- 7. Type .\<battery script name>.ps1
- 8. Open a second elevated PowerShell and navigate to the directory containing the website iterator script.
- 9. Type .\<website script name>.ps1 -t
- 10. Click Enter in each PowerShell window to run both scripts.
- 11. Unplug the system when prompted.
- 12. When the test is complete, plug in the system and start it.
- 13. In Explorer, navigate to C:\ptbat\.
- 14. Open the folder corresponding with the date and time of the test and record the results from batresults_minutes.txt.
- 15. Repeat steps 1 through 14 twice more, and report the averages of the results.

Setting up the system (macOS)

Setting up and updating the OEM image

- Boot the system.
- 2. Follow the on-screen instructions to complete installation, using the default selections when appropriate.
- 3. Set Screen and Sleep options to Never.
 - Select System Settings.
 - Select Lock Screen.
 - Change the following options to Never:
 - Start Screen Saver when inactive.
 - Turn display off on battery when inactive.
 - Turn display off on power adapter when inactive.
 - Require password after screen saver begins or display is turned off.
 - Return to System Settings and select Battery.
 - Set On power adapter setting to High Power (Note: this is not an option available on all Macs).
 - Click Options.
 - Disable the Slightly dim the display on battery option.
- 4. Disable automatically adjust brightness.
 - Select System Settings.
 - Select Display.
 - Disable Automatically adjust brightness.
- 5. Run Software Update, and install all updates available.
- 6. Verify the date and time are correct.
- 7. Enable Automatic log in.
 - Select System Settings.
 - Click Users & Groups.
 - Select the drop down menu next to the Automatically log in as setting, and select the User account.
- 8. Disable Automatic Mac Updates.
 - Select System Settings.
 - Click General.
 - Click on Software Update.
 - Click the information icon next to Automatic updates.
 - Disable Check for updates.

Measuring performance (macOS)

Cinebench 2024 benchmark

Setting up the test

 Download and install Cinebench from https://www.maxon.net/en/downloads/ cinebench-2024-downloads.

Running the benchmark

- 1. Launch Cinebench.
- 2. Select FileàAdvanced benchmark.
- 3. Set the Minimum Test Duration to Off.
- 4. Select either CPU (Multi Core), CPU (Single Core), or GPU, and click Start.
- Record the result.
- 6. Wait 15 minutes before re-running.
- 7. Repeat steps 1 through 6 twice more, and report the averages of the results.

Geekbench 6 Pro

Setting up the test

Purchase a Pro license and download and install Geekbench 6 Pro from https://www.geekbench.com/download/.

Running the test

- 1. Launch Geekbench.
- 2. Click Run CPU Benchmark.
- 3. Record the result.
- 4. Wait 5 minutes before re-running.
- 5. Repeat steps 1 through 4 twice more, and report the averages of the results.
- 6. After the first-time setup has successfully finished, the system is ready to run the benchmark.

3DMark

Setting up the test

1. Download 3DMark from the App Store.

Running the test

- 1. Launch 3Dmark.
- 2. Scroll through the benchmarks until you reach Wild Life Extreme Benchmark, and click Run.
- 3. When the benchmark run completes, record the results.
- 4. Perform steps 2 and 3 twice more, and report the averages of the results.

Speedometer 2.1

Running the test

- 1. In a browser, navigate to https://browserbench.org/Speedometer2.1/.
- Click Start Test.
- 3. When the benchmark run completes, record the results.
- 1. Perform steps 2 and 3 twice more, and report the averages of the results.

Measuring battery life (macOS)

PT custom test: Local video playback battery rundown

Setting up the test

- 1. Turn on the systems.
- 2. Copy the test video file and battery life logger to each system.
- 3. Open Terminal, and navigate to the directory containing the script.
- 4. Run chmod +x .\<script name>.sh to make the script executable.
- 5. Set the system volume to 60 dbA with a decibel meter.
- 6. Verify that the displays will remain on during the test:
 - Select System Settings.
 - Select Lock Screen.
 - Change the following options to Never:
 - Start Screen Saver when inactive.
 - Turn display off on battery when inactive.
 - Turn display off on power adapter when inactive.
 - Require password after screen saver begins or display is turned off.
 - Return to System Settings and select Battery.
 - Set On power adapter setting to High Power (Note: this is not an option available on all Macs).
 - Click Options.
 - Disable the Slightly dim the display on battery option.
 - Return to System Settings and select Display.
 - Disable Automatically adjust brightness.
- 7. To bring up a white screen, open a web browser and type about:blank into the address bar.
- 8. Unplug the system.
- 9. Using a nit meter, adjust the screen brightness to as close to 150 nits as possible.
- 10. Plug in the system.

Running the test

- 1. Verify that the system's battery is fully charged.
- 2. Launch the test video file in full screen mode with Loop enabled.
- 3. Open Terminal and navigate to the directory containing the battery life logger script.
- 4. Type .\<battery script name>.sh and press Enter to run the script.

- 5. Unplug the system when prompted, and switch back to the full screen video.
- 6. When the system has shut down, plug in the system, and start it.
- 7. In Finder, navigate to /var/pt_results/batterylife.
- 8. Open the folder corresponding with the date and time of the test and records the results from batresults_minutes.txt.
- 9. Repeat steps 1 through 8 twice more, and report the averages of the results

PT custom test: Web browsing battery rundown

Setting up the test

- 1. Turn on the systems.
- 2. Copy the web iterator script and battery life logger to each system.
- 3. Open Terminal, and navigate to the directory containing the scripts.
- 4. Run chmod +x .\<script name> for each script to make the scripts executable.
- 5. Set the system volume to 60 dbA with a decibel meter.
- 6. Verify that the displays will remain on during the test:
 - Select System Settings.
 - Select Lock Screen.
 - Change the following options to Never:
 - Start Screen Saver when inactive.
 - Turn display off on battery when inactive.
 - Turn display off on power adapter when inactive.
 - Require password after screen saver begins or display is turned off.
 - Return to System Settings and select Battery.
 - Set On power adapter setting to High Power (Note: this is not an option available on all Macs).

- Click Options.
- Disable the Slightly dim the display on battery option.
- Return to System Settings and select Display.
- Disable Automatically adjust brightness.
- 7. To bring up a white screen, open a web browser and type about:blank into the address bar.
- Unplug the system.
- 9. Using a nit meter, adjust the screen brightness to as close to 150 nits as possible.
- 10. Plug in the system.

Running the test

- 1. Verify that the system's battery is fully charged.
- 2. Open Terminal and navigate to the directory containing the battery life logger script.
- 3. Type .\<battery script name>.sh.
- 4. Open a second Terminal, and navigate to the directory containing the website iterator scripts.
- 5. Type .\<website script name>.sh -t.
- 6. Press Enter in each Terminal window to run both scripts.
- 7. Unplug the system when prompted.
- 8. When the system has shut down, plug in the system, and start it.
- 9. In Finder, navigate to /var/pt_results/batterylife.
- 10. Open the folder corresponding with the date and time of the test and records the results from batresults_minutes.txt.
- 11. Repeat steps 1 through 10 twice more, and report the averages of the results.

This project was commissioned by Microsoft.



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